i did live once near an interstate in the inner-ring suburbs of a big city
the happy ending is that in the meantime i bought a volcano and im happily vaping away with it now, and i have to say the iolite completely pales in comparison

propolis oral spray combines active manuka honey, flavonoid rich bee propolis with essential oils of aniseed, peppermint to provide a refreshing oral hygiene spray and breath freshener

that is to say that there are usually early warning signals that you are suffering from altitude illness and that your condition is getting worse

i have been using it left a burr of steel on one side and also protects my nails even though the packing tape around the edge that locks hairs into place with glue