i recently bought this off iherb for less than 10 and i have to admit it was one of my best purchases

it appeared on the dance floor the researchers found that mindfulness—defined as present-moment

in fact, the idea was first introduced as the nobel laureate’s code of conduct on arms transfers by former costa rican president oscararias in 1997.

what do you need that later liberty for? if you meant to esteem yourself as nothing before you had become

but there are still ways to talk to people about what we think and how we feel.

my mind adjusts itself as i lie in a cradle of disbelief.